## IAD differentiation, classification and treatment

## Smith-Nephew

	Incontinence-Associated Dermatitis <sup>1,3</sup>		Pressure Injury <sup>1,3</sup>		
Cause	Moisture (urinary, faecal, urinary-faecal)		Pressure/Ischaemia		
Location		Perineal* (buttocks, natal cleft, perineum, perianal)	Hotel McCause Stranger Strange	Over bone	
Depth		Superficial		Superficial to deep	
Tissue colour		Pink/red *	- Bar	Pink/red, black, yellow	
Edges/Shape		Diffuse/wandering/ irregular*		Well defined	
Associated factors	Urinary and/or faecal incontinence		Reduced mobility/Sensory impairment		
	*Images courtesy of Professor Dimitri Beeckman, Ghent University, Belgium				

IAD Categorisation tool <sup>2</sup>				
Category 1A	Persistent redness without signs of infection. A variety of tones may be present (could be pale or purple in dark skin)			
Category 1B	Persistent redness WITH clinical signs of infection - such as white scaling of skin or satellite lesions			
Category 2A	Skin loss without clinical signs of infection - such as excoriation, denudation or skin erosion			
Category 2B	<b>ategory 2B</b> Skin loss WITH clinical signs of infection - white scaling skin/slough may be visible, shiny wound with excess exudate, green appearance may suggest Pseudomonas			

	Choosing the right product					
Skin condition	Healthy skin with exposure to urine/faeces	Category 1A	Category 2A	1B   2B     2B   2B		
Product selection						
Intervention <sup>3</sup>	<ul> <li>Use PROSHIELD° Foam &amp; Spray Cleanser to gently clean soiled area.</li> <li>Apply PROSHIELD Plus Skin Protectant.</li> <li>Avoid rubbing or friction Reapply as often as necessary.</li> </ul>	<ul> <li>Use PROSHIELD Foam &amp; Spray Cleanser to clean soiled area.</li> <li>Apply PROSHIELD Plus Skin Protectant.</li> <li>Re-apply after each incontinence episode or as often as necessary.</li> </ul>	<ul> <li>Use PROSHIELD Foam &amp; Spray Cleanser to clean soiled area.</li> <li>Apply PROSHIELD Plus Skin Protectant with a gentle patting motion, or SECURA° No-Sting Barrier Film Spray.</li> <li>Re-apply as often as necessary.</li> </ul>	<ul> <li>Use PROSHIELD Foam &amp; Spray Cleanser to clean soiled area.</li> <li>Apply appropriate treatment for identified infection.</li> <li>Once resolved treat as per 1A or 2A as appropriate.</li> </ul>		

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References: 1. Doughty, D et al. Incontinence-associated dermatitis. Consensus statements, evidence-based guidelines for prevention and treatment, and current challenges. J Wound Ostomy Continence Nurse. 2012;39:303-315. 2. Beeckman D, et al. The Ghent global IAD categorization tool (GLOBIAD). Skin integrity research group.- Ghent University 2017. 3. Beeckman D, et al. Incontinence-associated dermatitis: moving prevention forward. London: Wounds International; 2015. Please consult product labels and inserts for any indications, contraindications, hazards, warnings, cautions and instructions for use. Products listed and outline of care are examples only. Product selection and management should always be based on comprehensive clinical assessment.