

# THICK-NINSTANT

## Liquid

THICKENING CONCENTRATE

for the management of dysphagia



Precise Thick-N INSTANT is the GOLD standard for thickening beverages for people with dysphagia.

This innovative product has been welcomed by the industry as it meets the need for a convenient and accurate way to thicken beverages to precise and predetermined viscosities.

FEATURES	BENEFITS
ACCURATE	Precision pump delivers the exact volume needed
SIMPLE	<ul><li>Easy mix – liquid disperses easily</li><li>Sachet – easy tear, squeeze and mix</li></ul>
QUICK	• Develops viscosity within 30 seconds
SAFE	Hygienic seal on pump nozzle
STABLE	<ul><li>Viscosity is stable for 24 hours</li><li>Freeze/thaw stable</li></ul>
VERSATILE	Thickens a wide range of beverages, supplements and laxatives
OTHER BENEFITS	<ul> <li>Neutral flavour, gluten free, lactose free, nut free and suitable for people with diabetes</li> <li>Suitable for use with IDDSI framework</li> </ul>



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or visit our website: elearning.precisethickn.com.au On successful completion of training, you will be provided with a Certificate of Completion.















- For making individual serves of thickened fluids.
- · Ideal for drink and medication trollies or home use.
- · Aqua colour coded pump.
- · Sachet pack available.



- · For making larger quantities of thickened fluids.
- Ideal for drinks prepared in advance in the kitchen.
- · Orange colour coded pump.

### STORAGE & SHELF LIFE INSTRUCTIONS:

- Store in a cool dry place. Do not store in the refrigerator or in direct sunlight.
- Product is stable for up to 12 months from date of manufacture.
- All prepared beverages should be consumed within 4 hours at room temperature or within 24 hours if refrigerated.



PRODUCT	ITEM CODE	PACK SIZE/CTN	
SINGLE SERVE 3L	28650001	(3L bottle + pump) x 2	
BULK SERVE 3L	28650003	(3L bottle + pump) x 2	
SINGLE SERVE 500mL	28650002	(500mL bottle + pump) x 10	
SINGLE SERVE SACHET 4.7mL	28650004	(4.7mL x 100) x 6 boxes	

**INGREDIENTS:** Water, Soluble Plant Polysaccharides, Thickeners (E415, E418, E440, E412), Food Acids (E575, E330, E331), Preservative (E202), Firming Agent (E509).

NUTRITION INFORMATION						
	Average Quantity Per 4.6mL Serve SINGLE SERVE	Average Quantity Per 32mL Serve BULK SERVE	Average Quantity Per 100mL			
Energy	9 kJ/2 kcal	66 kJ/16 kcal	205 kJ/49 kcal			
Protein	Less than 1.0 g	Less than 1.0 g	Less than 1.0 g			
- gluten	Not Detected	Not Detected	Not Detected			
Fat - total	Less than 1.0 g	Less than 1.0 g	Less than 1.0 g			
- saturated	Less than 0.01 g	Less than 0.01 g	Less than 0.01 g			
Carbohydrate - total	Less than 1.0 g	Less than 1.0 g	Less than 1.0 g			
- sugars	Less than 1.0 g	Less than 1.0 g	Less than 1.0 g			
- lactose	Not Detected	Not Detected	Not Detected			
- galactose	Not Detected	Not Detected	Not Detected			
Dietary Fibre	1.1 g	7.4 g	23.0 g			
Sodium	5 mg	34 mg	107 mg			

NUMBER OF SERVES	SINGLE SERVE SACHET BOX	SINGLE SERVE 500mL	SINGLE SERVE 3L	BULK SERVE 3L
LEVEL 1 - SLIGHTLY THICK	100	108	650	686
LEVEL 2 - MILDLY THICK	100	108	650	686
LEVEL 3 - MODERATELY THICK	50	54	325	358
LEVEL 4 - EXTREMELY THICK	25	27	163	194

### **IMPORTANT NOTICE:**

SUITABLE FOR CHILDREN 3 YEARS AND OVER (EXCLUDING THOSE WHO WERE BORN PREMATURELY OR HAVE A HISTORY OF GIISSUES). THIS RECOMMENDATION IS NOT INTENDED AS A SUBSTITUTE FOR PROFESSIONAL MEDICAL ADVICE, WHICH SHOULD BE SOUGHT ON A CASE-BY-CASE BASIS. FOOD FOR SPECIAL MEDICAL PURPOSES. FOOD AND BEVERAGE THICKENER FOR THE DIETARY MANAGEMENT OF DYSPHAGIA. TO BE USED UNDER MEDICAL SUPERVISION. FOR ORAL CONSUMPTION ONLY. NOT SUITABLE AS A SOLE SOURCE OF NUTRITION. CERTIFIED AUSTRALIAN INNOVATION PATENT NUMBER 2020104240.

